

Killick Coast North Seniors Co-operative - Aging Well At Home



- Seniors [Co-operative](#) supporting older adults to successfully age well in their homes and communities
- Consider, include, and enhance what we already have in place (e.g., 50+ clubs, family connections, towns, SeniorsNL, Lions Club, church groups, etc.)
- Based on an existing successful model as outlined in www.vtvnetwork.org



- providing a strong, inclusive **community** that offers members **new opportunities** to **age well successfully**;
- **coordinating access to affordable services**, including transportation, health and wellness programs, technology support, home repairs, social and educational activities;
- **offering access to vetted service providers** (e.g., plumbers, electricians, painters);
- **serving as one-stop-contact** for the services members need to age safely and successfully in their own homes; and
- forming **linkages with community partners**

Proudly supported by [Seniors NL](#), [NL Federation of Co-operatives](#), [Pouch Cove Heritage Society](#), [Town of Pouch Cove](#), [Lions Club Pouch Cove](#), [The Good Companions](#) ([Seniors' Centre Without Walls Partnership Program](#)), [Board of St. Agnes' Auditorium](#), and many project members and volunteers.

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Project status and next steps:

- Conversations have started ✓
- Working group established ✓
- Advisory Group initiated ✓
- Application for funding/support ✓
- Awarded funding/support from NLFC (NL Federation of Co-operatives) and *The Good Companions (Seniors' Centre Without Walls Partnership Program)* ✓
- Needs assessment
- Establish co-operative, create and implement services and programs

Every “village” community is different depending on their own needs and preferences.

The short video about “[Monadnock at Home](https://monadnockathome.org)” (<https://monadnockathome.org>) shows one example of a rural community in New Hampshire, developed based on the [Villages to Villages Network](#).

“*Killick Coast North Seniors Co-operative*” will be developed based on our communities’ needs and opportunities.

We need your help in further exploring these options:

- 1. We are happy to provide further information in personal conversations or presentations***
- 2. We welcome more members and volunteers for our project***

For expression of interest, feedback, and input please contact: Tom Mengel, tm@thomasmengel.com, 709-693-6757

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